

# ***ANNUAL REPORT***

***2022-2023***

# **PRAYAAS**

A Public Charitable Trust



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# ABOUT PRAYAAS

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## About Prayaas Charitable Trust

Founded in 2011 under the guidance of Parichiti, Prayaas Charitable Trust works to empower marginalized women, especially domestic workers, through communication with stakeholders, skill-building, and support services. With a focus on gender equity and well-being, Prayaas fosters safe, inclusive spaces and promotes leadership among women across all life stages, including the elderly. Its work aligns with key UN Sustainable Development Goals related to people, planet, peace, prosperity, and partnership.

### **Mission**

To support women in the unorganized sector—particularly domestic workers, elderly women, and adolescents—by providing resources, referrals, and support to combat gender inequality and foster inclusive, dignified communities.

### **Vision**

A just society where all women and girls live free from violence and discrimination, and where their rights, dignity, and well-being are upheld in both private and public life.

# NOTE FROM THE MANAGING TRUSTEE

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We are pleased to present the Annual Report for the year 2022-23. From this year onward, we have initiated the process of systematically documenting our work and learnings. While our efforts may be modest compared to the scale of need, we remain committed to reaching women living on the margins of society.

During the year, we began engaging with adolescents—an important new initiative for us—while also extending our support to elderly women who are often socially isolated and in need of care and attention. We continued our work with women domestic workers, with a focus on mobilizing them into collectives that can recognize and assert the dignity and significance of their labour. Alongside, we reached out to survivors of violence, offering basic relief and support through our networks and connections.

As we look ahead, our priority will be to deepen and strengthen these initiatives, ensuring that more women and girls can access support, solidarity, and opportunities for empowerment.

*Kakuli*



Kakuli Deb  
Managing Trustee  
Prayaas Charitable Trust

## EMPOWERING

# WOMEN DOMESTIC WORKERS & CREATING SAFE SPACE FOR ADOLESCENT GIRLS

## Mobilizing and organizing workers:

The primary focus was on forming collectives of domestic workers. To achieve this, extensive home visits were conducted to engage with women domestic workers and help them recognize the value and significance of their work within the broader social context.

### *Key Highlights of the year*

- 105 domestic workers were mobilized
- 3 groups of domestic workers were formed
- 30 adolescents were mobilized
- 2 sports activities were organized
- 2 health camps were organized
- 2 Community events were organized
- 2 legal awareness camps were organized

## Creating safe space for dialogue for the adolescent girls

Our experience of working with women domestic workers has revealed that their daughters are frequently trapped in cycles of intergenerational poverty and lack of education. Many are vulnerable to early marriage, early pregnancy, and, ultimately, different forms of violence against women and girls. In response to this situation, our team initiated efforts in two low-income communities to mobilize and collectivize adolescent girls. To foster energy, confidence, and motivation among them, we organized community-based sports activities and facilitated their participation in events hosted by other organizations.



# SUPPORTING ELDERLY WOMEN

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Prayaas initiated home visits to elderly women in two areas and engaged with their family members to discuss the challenges and concerns associated with old age. In collaboration with doctors offering pro-bono services, we organized two health camps to screen blood sugar and blood pressure levels among the elderly. Through these camps, five elderly women were identified with chronic illnesses and referred to government hospitals. Prayaas further facilitated their referrals and supported them in accessing healthcare services from the hospitals.

# COMMUNITY CAMPAIGN AGAINST VAW & LEGAL AWARENESS: PWDVA AND PROPERTY RIGHTS

## Community Campaign Against VAW :

Observance of the global 16 Days of Activism (25th November – 10th December) is one of the flagship initiatives of Prayaas. This year, two events were organized in collaboration with women domestic workers. The women actively participated in a poster campaign to raise awareness on preventing violence against women. Community sensitization was carried out through interactive exercises highlighting the different forms of violence.

- **Participation:** Over 100 community members, including 70 women, were engaged.
- **Engagement Activities:** Quizzes, games, and interactive exercises were conducted to increase awareness about various forms of violence.



## Legal Awareness: PWDVA and Property Rights :

Two legal awareness camps were organized to educate the community, particularly women, on the provisions of the Protection of Women from Domestic Violence Act (PWDVA) and their rights related to property.

# VOTE OF THANKS

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We extend our heartfelt gratitude to our individual donors, volunteers, and partners for their unwavering support throughout this journey. Friends, patrons, and well-wishers from diverse walks of life contributed in various ways, enabling us to lay a strong foundation for our work in the field. It is through their encouragement and solidarity that we found the strength to take bold steps forward. With this continued support, we look ahead with renewed commitment and confidence to expand our efforts in the coming year.